Happy Friday everyone! Here are your updates for this week:

DELIVERIES: Please take all medical deliveries to pre-op as soon as possible for vet staff to unpack and inventory. Many of their items are temperature sensitive so this is very important.

COMMON AREAS: Please be mindful of leaving mop buckets, boxes, cleaning supplies etc in the common and public areas of the building. We would like to always present a neat, clean and professional appearance.

PET FOOD: We typically have an abundance of pet food and occasionally cat litter. If you ever need supplies for your own pets, please let Ashley know. This is a judgement free zone so please feel free to ask if we can help in any way!

PARKING LOT: Just a reminder that the asphalt company will be here this weekend to resurface in front of the garage and our shelter vehicle parking spaces. I have blocked off that area with cones and the shelter vehicles will be parked by the training room entrance for the weekend if you need them.

THANK YOU: This week has been crazy, and everyone (dogs, cats and humans alike!) has been stressed. Thank you to everyone that came in outside of your normal schedule, worked extra hours, helped out other departments and provided positivity and encouragement to your coworkers! We have had another week of fantastic teamwork and I am grateful for all of you!

Finally, here is the link to an interesting article on the benefits of taking a cold shower everyday-I thought with our current weather situation, this would be an appropriate time to share it!

<https://www.powerofpositivity.com/cold-shower-health-benefits/?fbclid=IwAR211NuMai1qkWY2xj07FlUC9FtJ5g0R718p-wyNZsjZZU2C5-xKixcjgB0>

Have a great weekend everyone!

Best,

Holly